

## Other languages

This leaflet can be produced in other languages on request. We can also provide the information in other formats including Braille, large print, and audio CD. Please contact us if you require help.

## Compliments and complaints

The Patient Advice and Liaison Service (PALS) is a confidential NHS service that provides help, advice and information for patients, families, and carers. We welcome all your feedback about the service.

Contact PALS at:

- **Email:** [pals@mft.nhs.uk](mailto:pals@mft.nhs.uk)
- **Telephone:** 0161 276 8686

## Who provides this service?

The Children's Asthma Service is provided by Manchester Local Care Organisation (MLCO). MLCO is the organisation that provides NHS community health and adult social care services in the city.

Find out more about MLCO at  
[www.manchesterlco.org](http://www.manchesterlco.org)

## Contacting us

### Children's Asthma Nursing Service

Longsight Health Centre  
Stockport Road  
Longsight  
Manchester M13 0RR

**Telephone:** 0161 529 6638

**Our service opening times are Monday to Friday 8am to 6pm excluding Bank Holidays.**

The nurses are not always in the office to take your calls but for non-urgent enquiries, you can leave a message on the answerphone. A member of the team will get back to you as soon as possible. If it is a medical emergency you should always call 999 or go directly to A&E.

## Social media

You can also follow us on social media where we share news and useful resources. Scan the QR codes to access.



@ccasthma\_manc



@manchesterchildrenscommunity  
asthmaservice



@ccasthma\_manc



# Children's Asthma Service

Information leaflet



## About the service

We are a team of community-based asthma nurse specialists. We are here to support children and families to better understand asthma, its triggers and improve overall asthma management.

We cover all parts of Manchester and work closely with schools as well as with individual children and their carers/families.

## Who is the service for?

This service is for children age 3-16 years, or young people up to 18 years with a special educational need/disability (SEND) living in Manchester.

## How to access the service

Referrals to the service can be arranged through your GP, practice nurse, consultant, school nurse or other health professional.

If you feel you need to speak with a nurse regarding your child being referred to the service, please contact us for a discussion.

## What can the service offer?

We provide a range of service to support the management of asthma, including:

- **Partnership working with the child/ young person and family - empowering them to better manage their condition**
- **Promoting effective use of inhalers and other prescribed medication**
- **Offering personalised care plans tailored to each child's needs**
- **Helping children maintain active, healthy lifestyles by managing symptoms effectively**
- **Equipping parents, carers, and children with the tools to manage asthma confidently at home**
- **Working closely with doctors, nurses, and other healthcare providers to ensure seamless care**
- **Partnership working between health and education to promote Asthma Friendly Schools.**

## What will happen at your appointment?

Your appointment may last up to 45 minutes.

- You will need to bring any medication/inhalers your child may be taking
- The nurse will assess your child's overall health, including their asthma symptoms, triggers, and how these are affecting their daily life
- Your child's inhaler technique will be checked to ensure it is being used correctly and effectively
- Your child's current medications will be reviewed to ensure they are appropriate for managing their asthma. Any necessary adjustments to medication or dosage will be discussed
- The nurse will provide guidance on recognising and managing asthma triggers and flare-ups.

When your child's asthma is well-controlled, their care will be handed back to your GP or practice nurse.